

# Syringomyelia: Chiari vs SIH

Marcus Stoodley

Disclosures: Nil

Chiari malformation

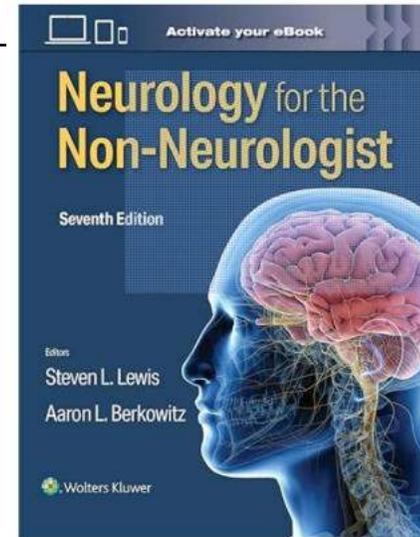
Syringomyelia

SIH + Chiari/Syrinx

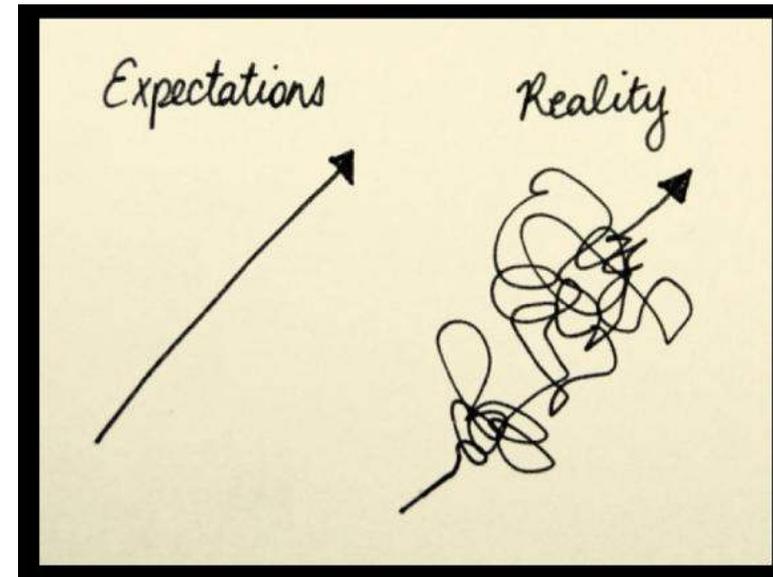
Iatrogenic intracranial hypotension

# Chiari and Syringomyelia

## 1. Textbook

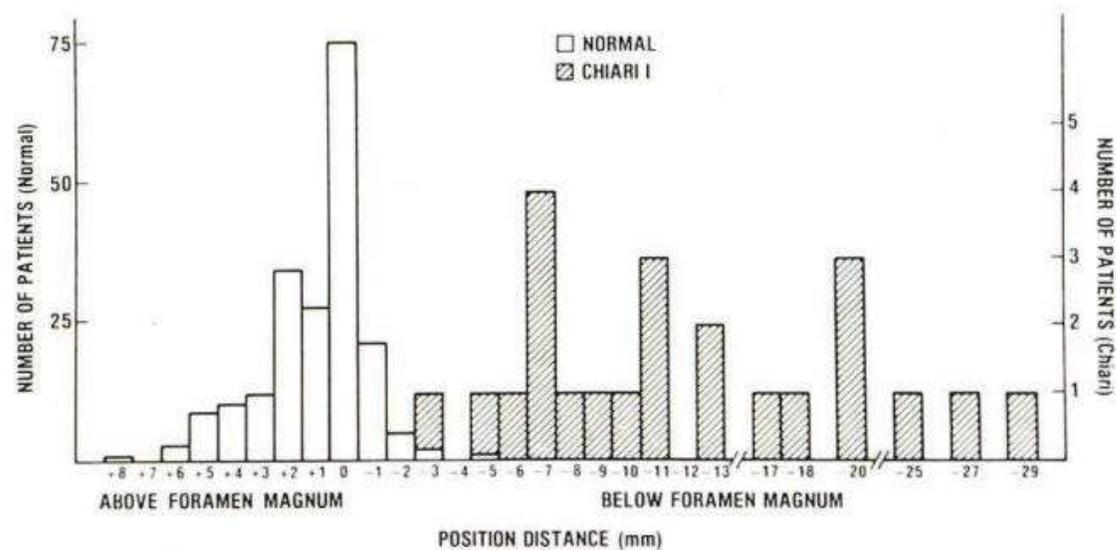


## 2. The real world



# Chiari malformation

- Cerebellar tonsil herniation into spinal canal
  - ‘ $\geq 5$  mm’



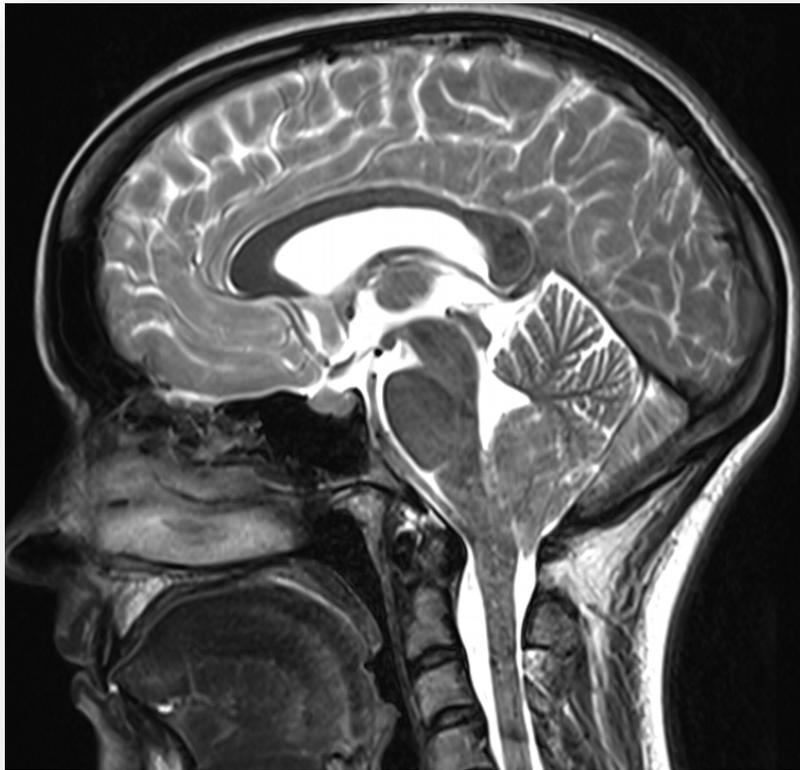
Barkovich et al  
*AJNR* 7:795–799, September/October 1986  
 0195–6108/86/0705–0795  
 © American Society of Neuroradiology

Fig. 3.—Histogram showing tonsillar positions in 200 normal and 25 Chiari I patients. Open boxes represent normal patients. Cross-hatched boxes represent patients with Chiari malformation.



# Chiari malformation

- Cerebellar tonsil herniation into spinal canal
  - ‘ $\geq 5$  mm’



Pre-op



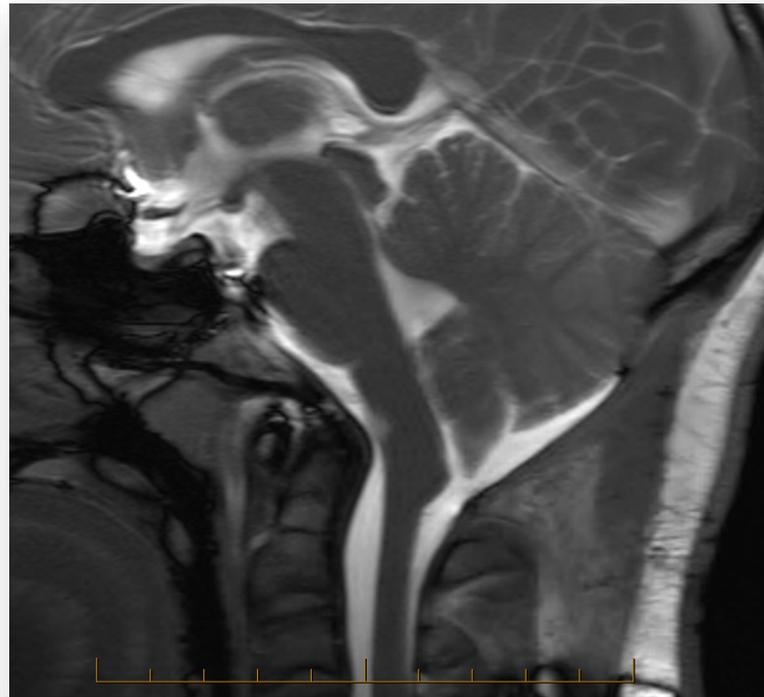
Post-op

# Chiari malformation

- Cerebellar tonsil herniation into spinal canal
  - ‘ $\geq 5$  mm’
  - Often associated skull base abnormalities
    - **Platybasia, atlas assimilation, acute clival-axis angle**



Pre-op



Post-op

# Chiari malformation

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- Cerebellar tonsil herniation into spinal canal
  - ‘ $\geq 5$  mm’
  - Often associated skull base abnormalities
    - Platybasia, atlas assimilation, acute clival-axis angle
  - More common in EDS
    - Also have cranio-cervical instability → postural headache/neck pain!

# Chiari malformation

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- Cerebellar tonsil herniation into spinal canal
  - '≥ 5 mm'



Pre-op

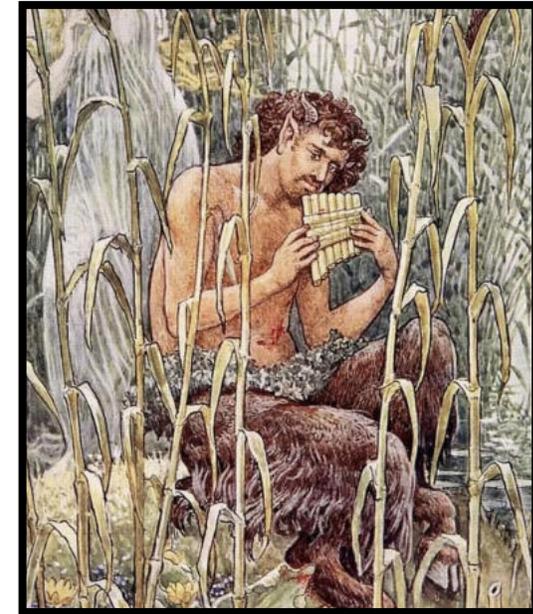


Post-op

# Syringomyelia



Jan Brueghel the Younger  
1601 – 1678



<https://flutealmanac.com/syrinxs-serenade-the-mythical-origin-of-the-pan-flute/>



# Syringomyelia



Cesar Pietersz. (Bovetius) van EVERDINGEN  
Alkmaar c. 1617-Alkmaar 1678



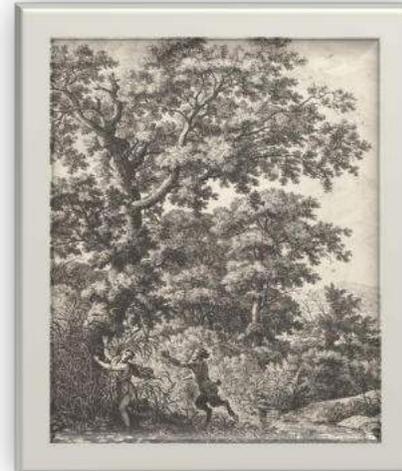
Dirck van der Lisse (fl.c.1635 - d.1669)



Willem de Heusch (1638–1692)



Pan Pursuing Syrinx c. 1589  
Hendrick Goltzius



Anthonie Waterloo, 1609 - 1690

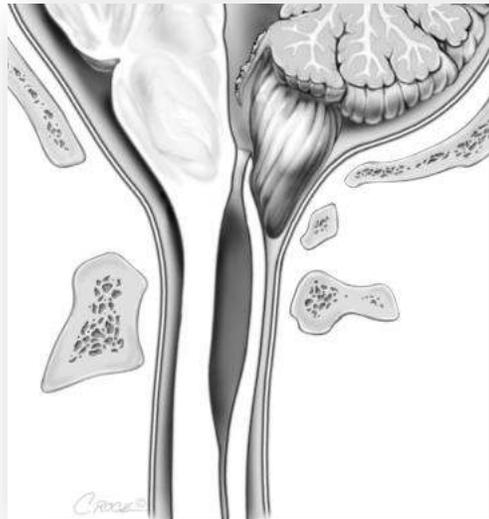


Gerard Hoet (I)  
Pan and Syrinx, c. 1700

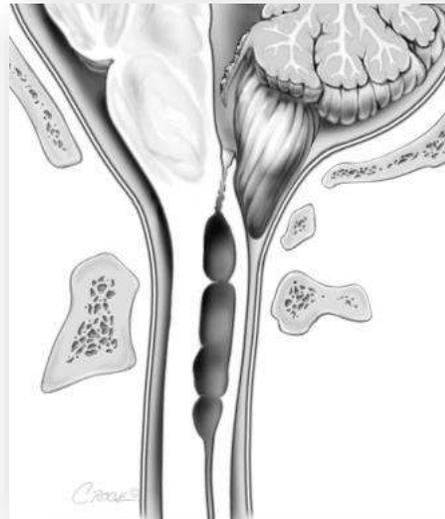


Franciscus Xaverius Xavery, 1770

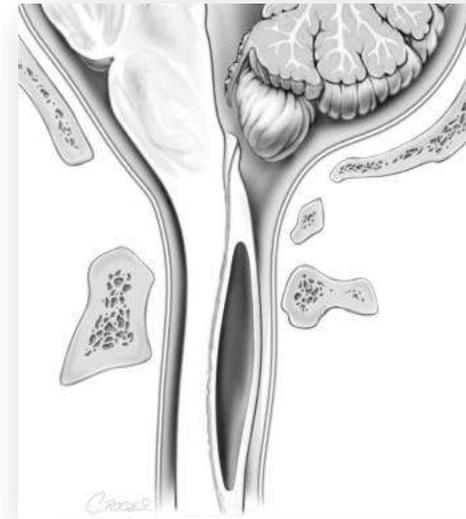
# Syringomyelia



Communicating canalicular



Non-communicating canalicular

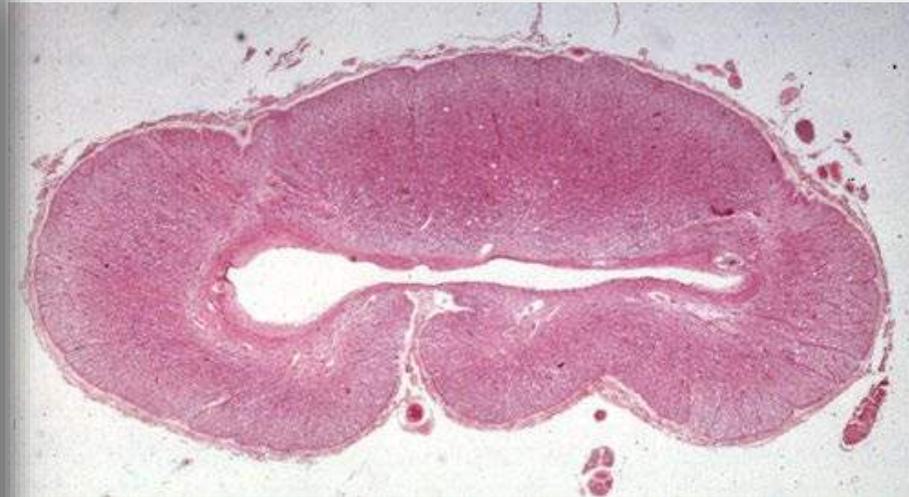
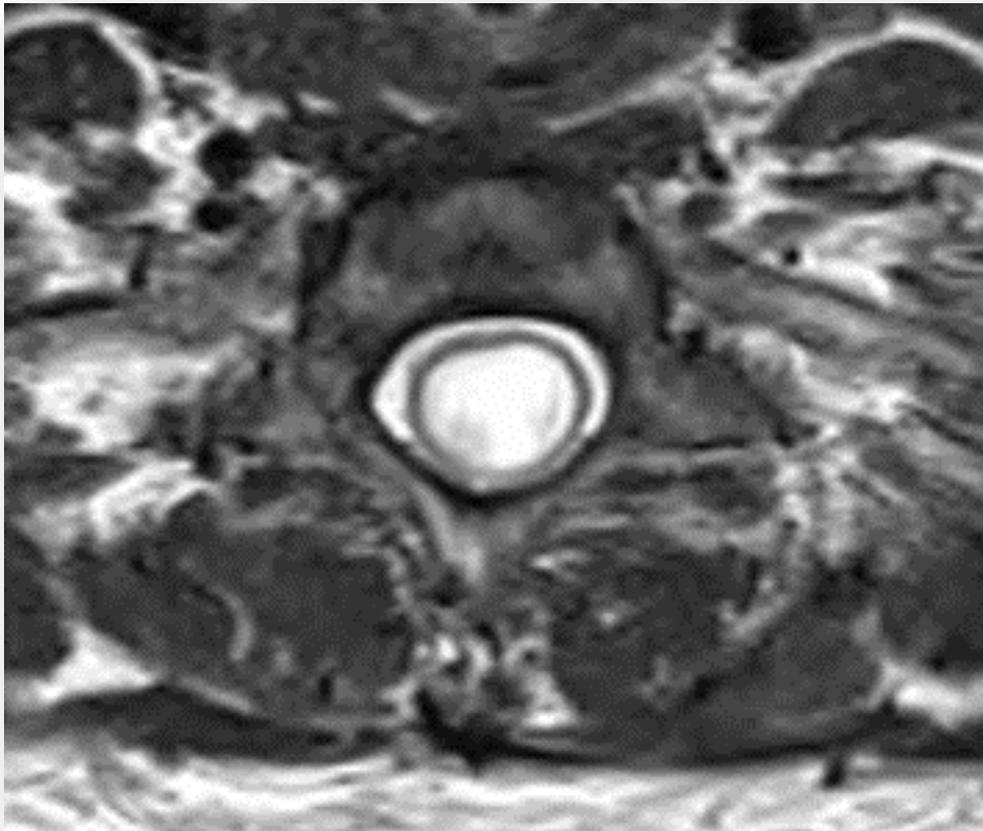


Extracanalicular

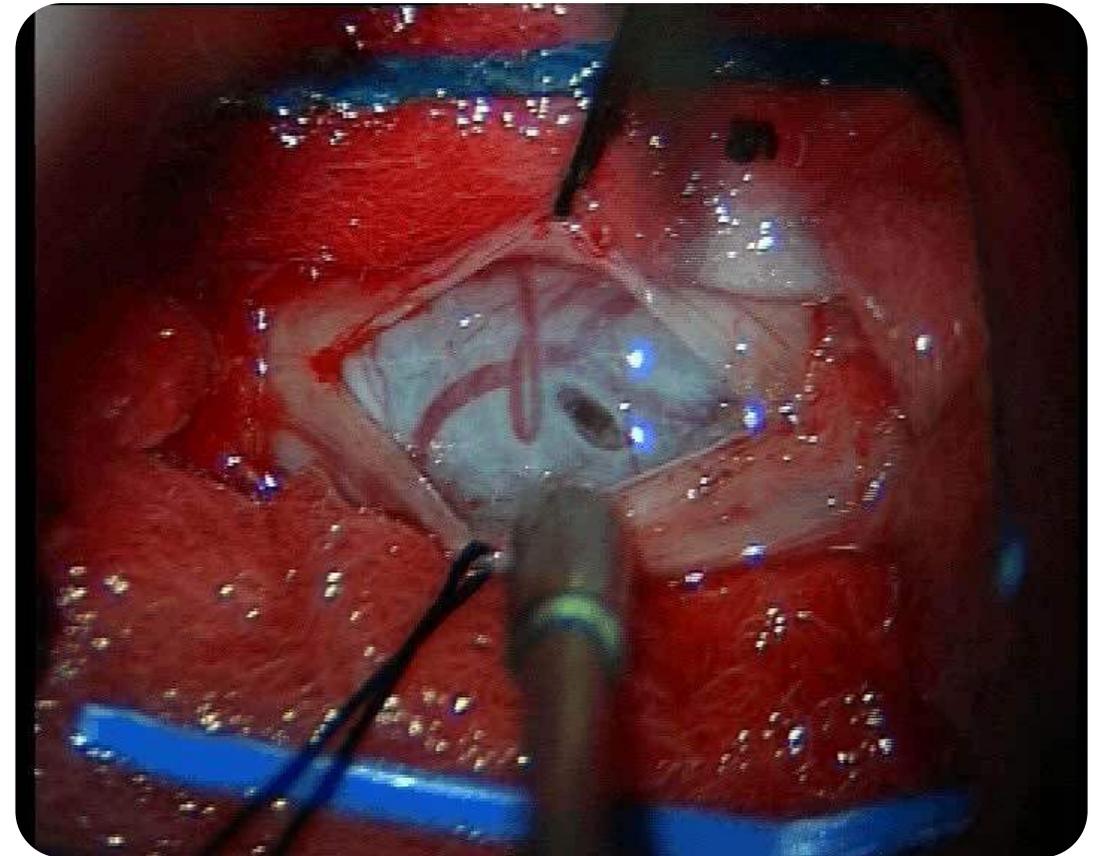


# Syringomyelia

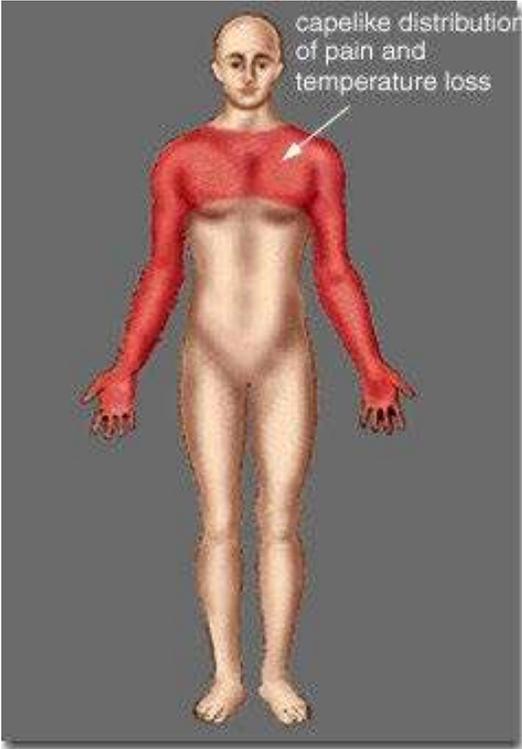
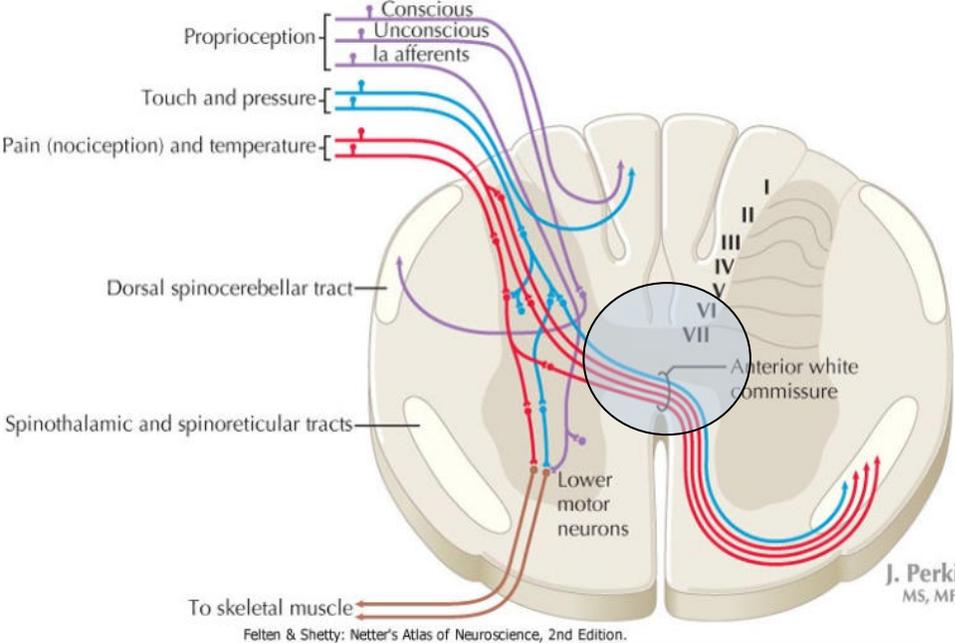
“Destruction or degeneration ... leads to cavitation and accumulation of fluid”



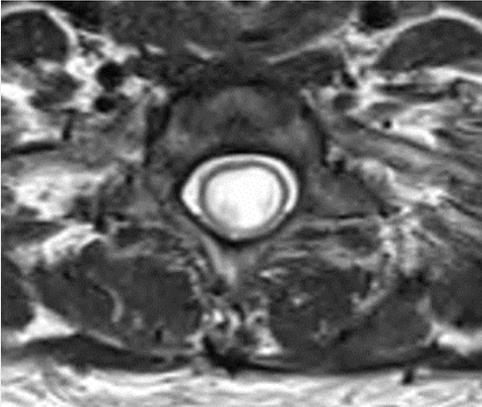
# Syringomyelia



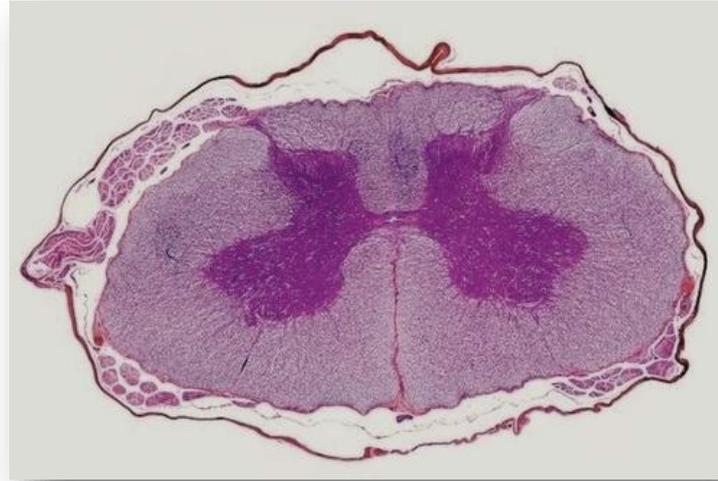
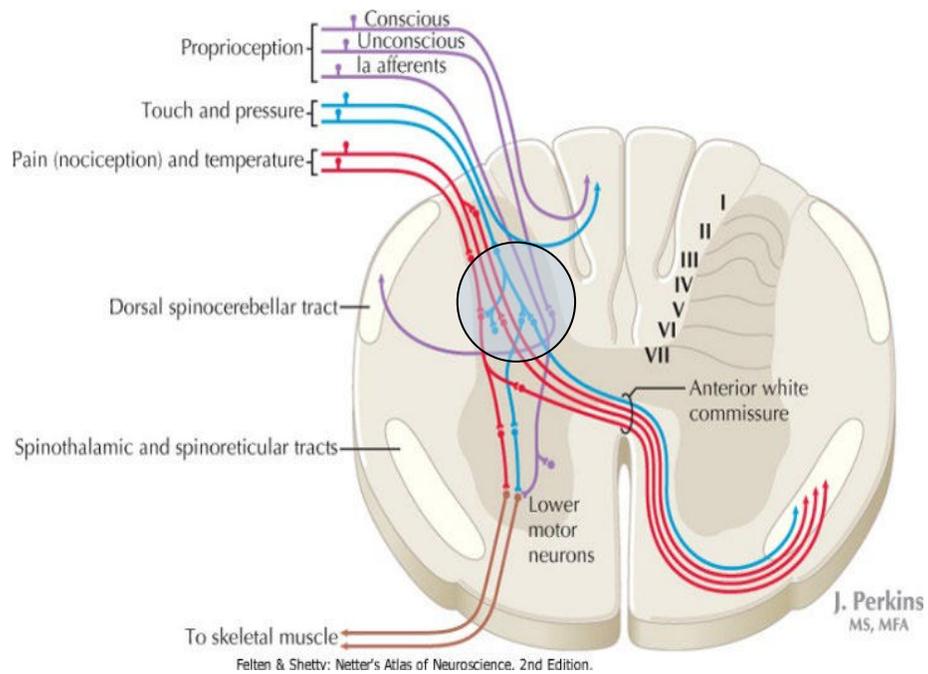
# Syringomyelia



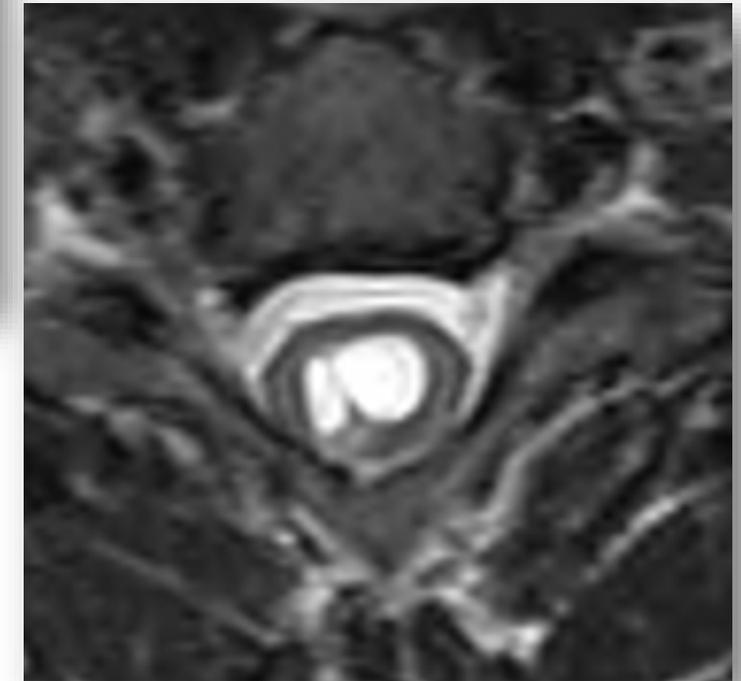
[www.intermed.med.uottawa.ca](http://www.intermed.med.uottawa.ca)



# Syringomyelia



Non-communicating canalicular



# Syringomyelia

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MACQUARIE  
University



# Syringomyelia

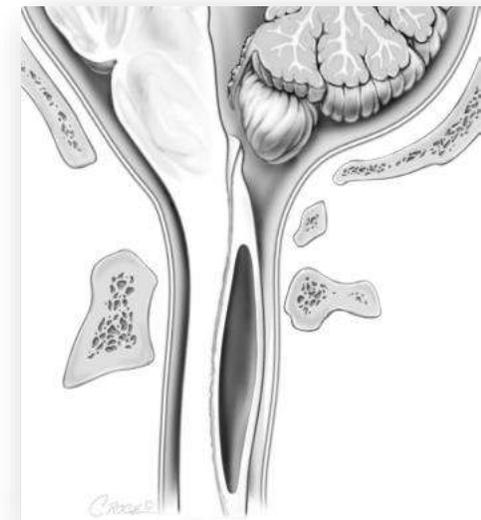
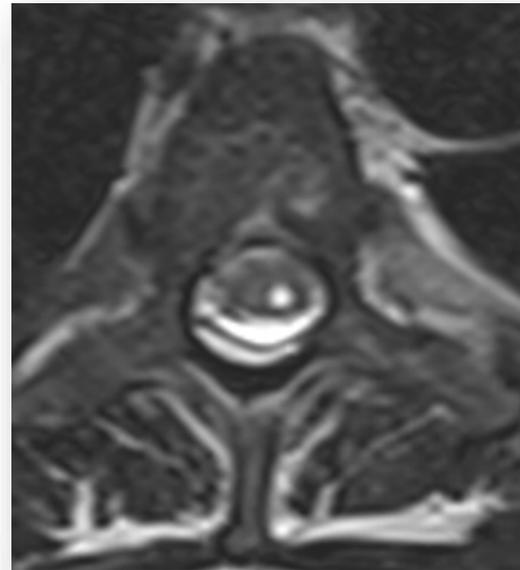
- Spinal subarachnoid obstruction





# Syringomyelia

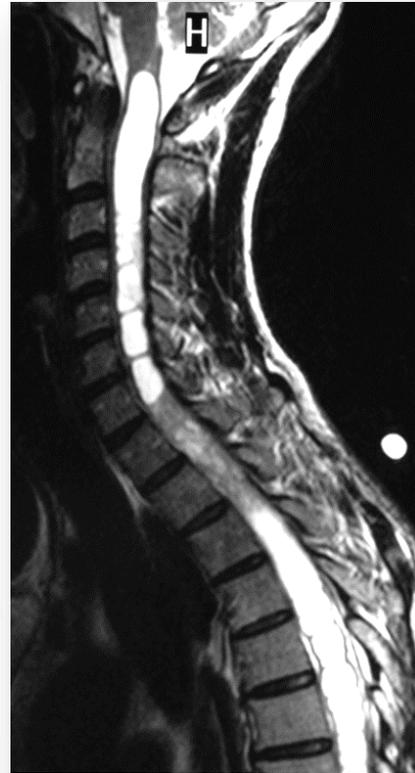
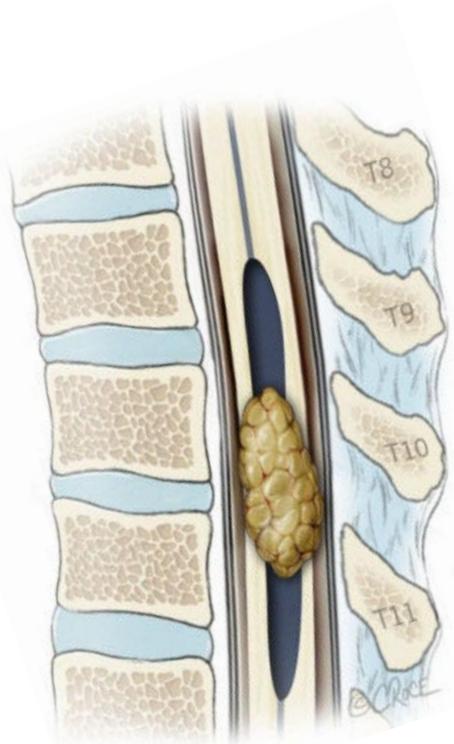
- Spinal arachnoiditis



Extracanalicular

# Syringomyelia

- Tumour



- Tethered cord





# Syringomyelia

- Uncertain cause?





# Syringomyelia

- 'Idiopathic'



# Syringomyelia

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- Cranio-cervical junction pathology
  - Chiari malformation
  - Arachnoiditis: haemorrhage, trauma, surgery
  - Tumours
  - Arachnoid cysts



# Chiari + syringomyelia

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- ~ 50% of Chiari patients



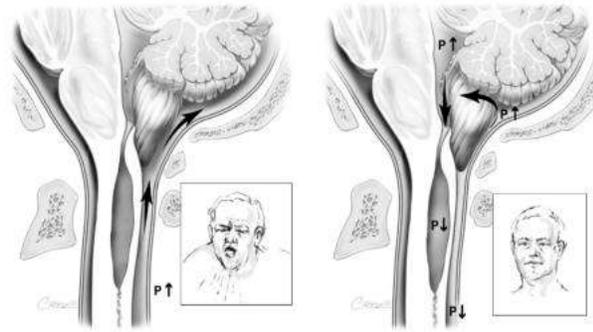


# Chiari + syringomyelia

- ~ 50% of Chiari patients
- Pathogenesis unknown
  - CSF from SAS? (not from 4<sup>th</sup> ventricle)



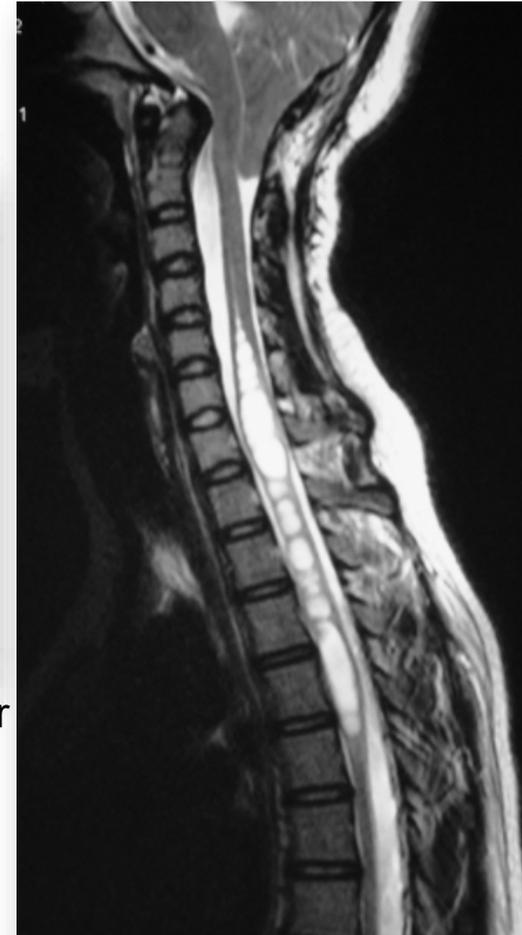
Gardner



Williams



Non-communicating canalicular



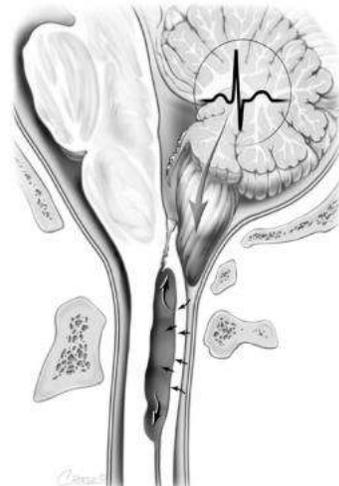


# Chiari + syringomyelia

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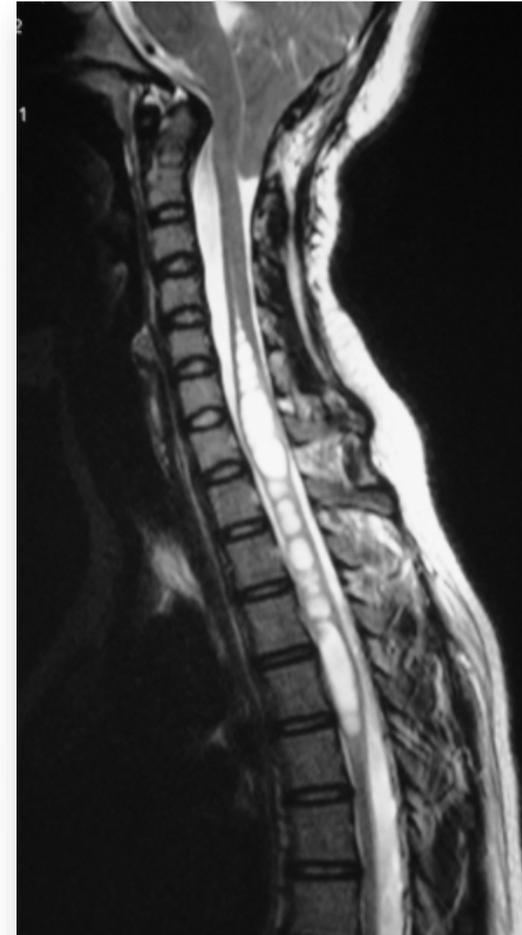
Ball & Dayan



Oldfield



Non-communicating canalicular

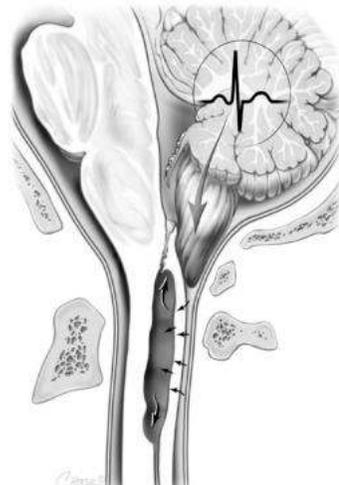


# Chiari + syringomyelia

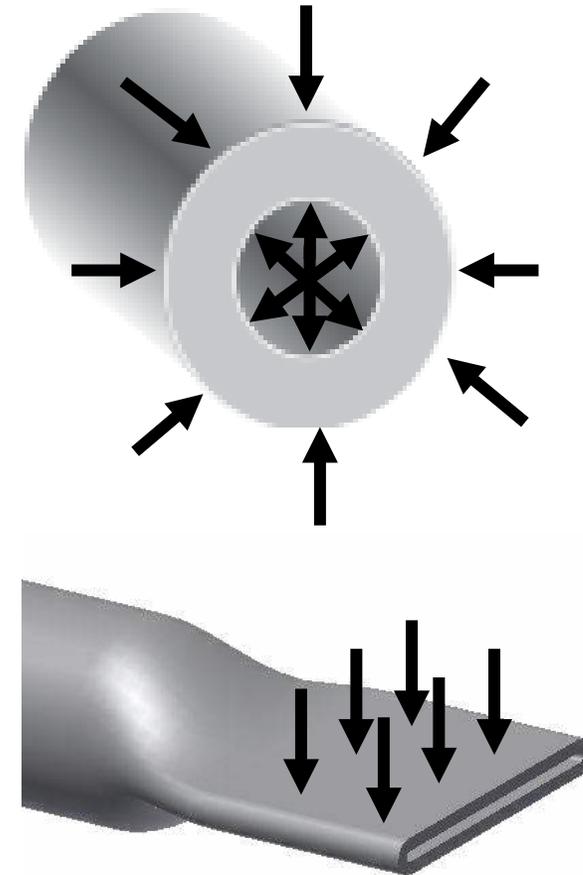
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Ball & Dayan



Oldfield



# Chiari + syringomyelia

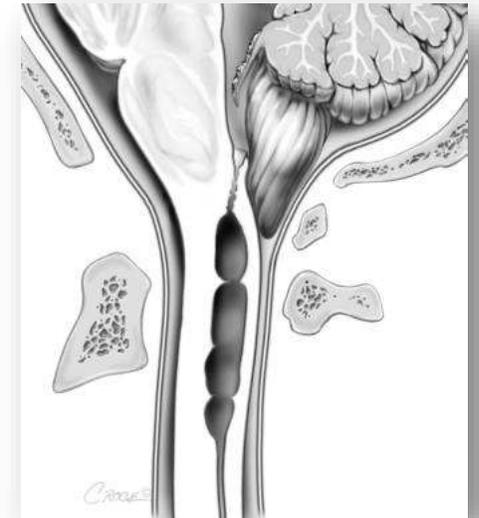
- ~ 50% of Chiari patients
- Pathogenesis unknown
  - CSF from SAS? (not from 4<sup>th</sup> ventricle)



Pre-op



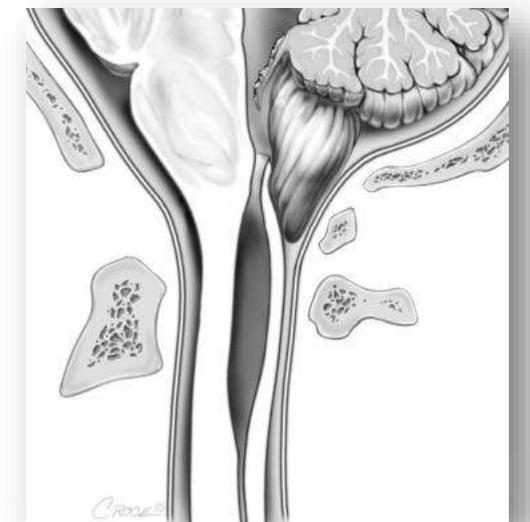
Post-op



Non-communicating canalicular

# Chiari + syringomyelia

- ~ 50% of Chiari patients
- Pathogenesis unknown
  - Sometimes is communicating

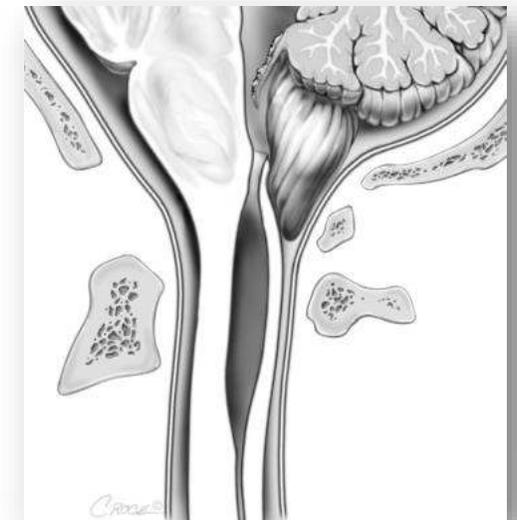
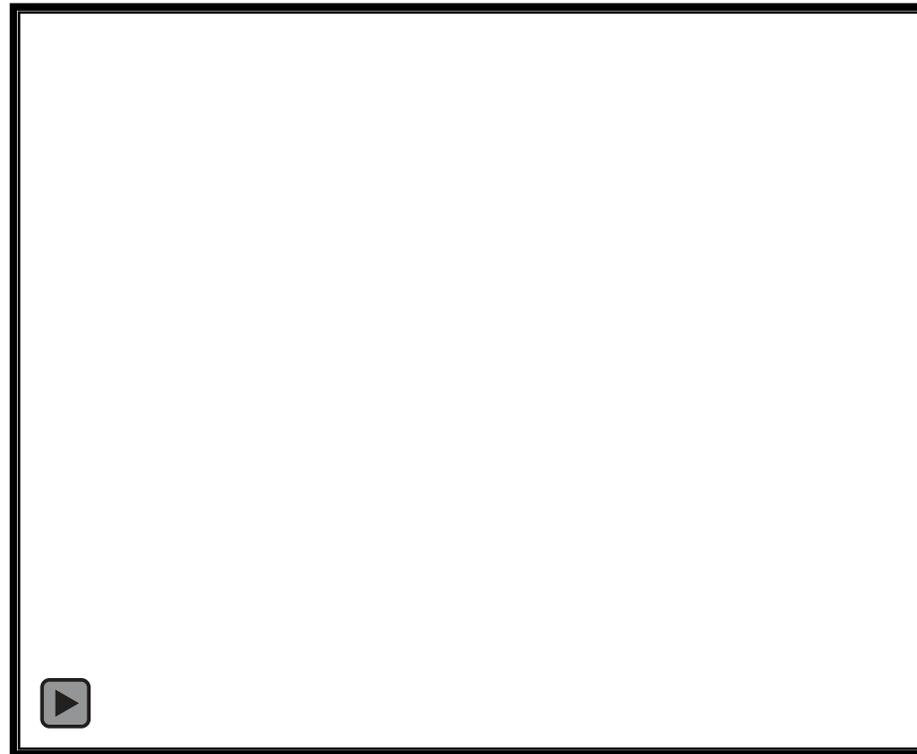


Communicating canalicular



# Chiari + syringomyelia

- ~ 50% of Chiari patients
- Pathogenesis unknown
  - Sometimes is communicating



Communicating canalicular



# Chiari + syringomyelia

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- Pathogenesis unknown
  - Sometimes is communicating



Communicating canalicular



# Chiari + syringomyelia

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- Pathogenesis unknown
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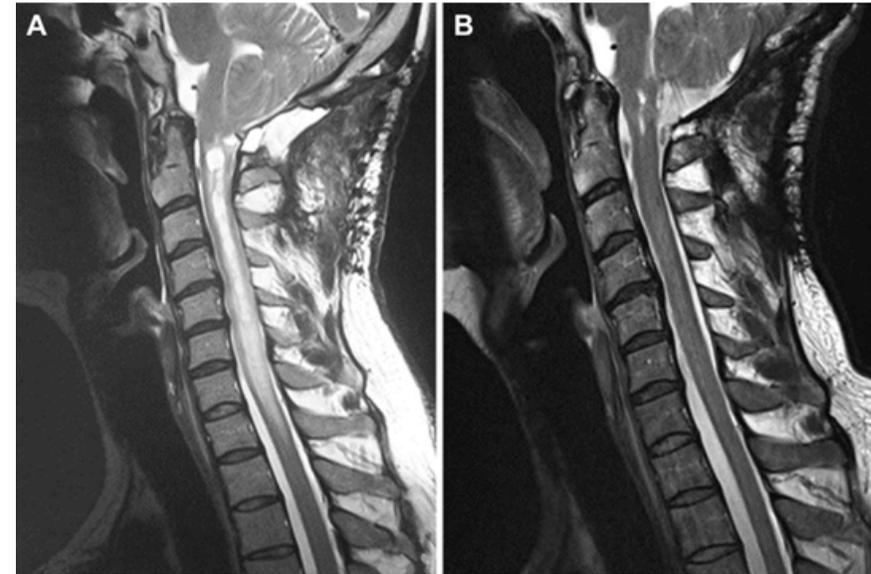
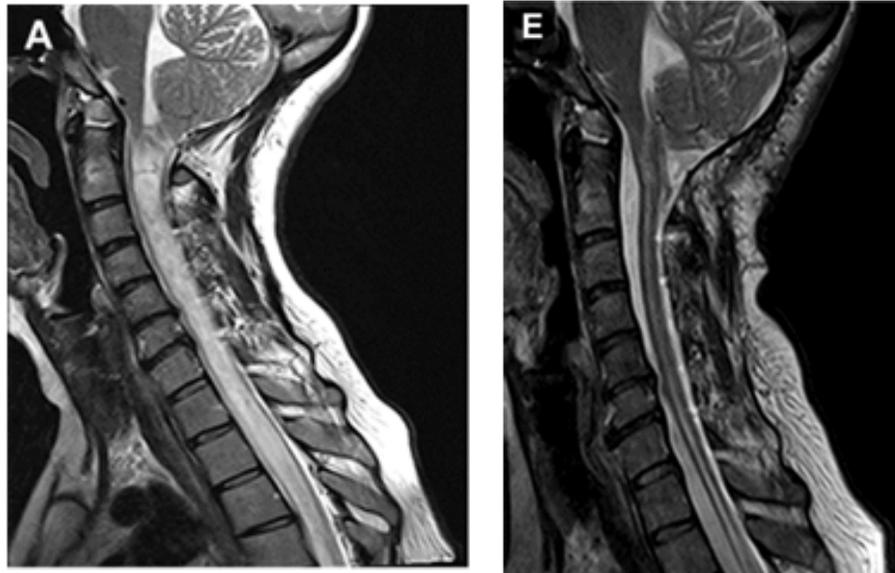
# Syringomyelia + other cranio-cervical

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- Arachnoiditis
  - Trauma, infection, surgery
- Arachnoid cysts
- Tumours

# Syringomyelia + other cranio-cervical

## Cranio-cervical junction arachnoiditis



## Trauma

ORIGINAL ARTICLE

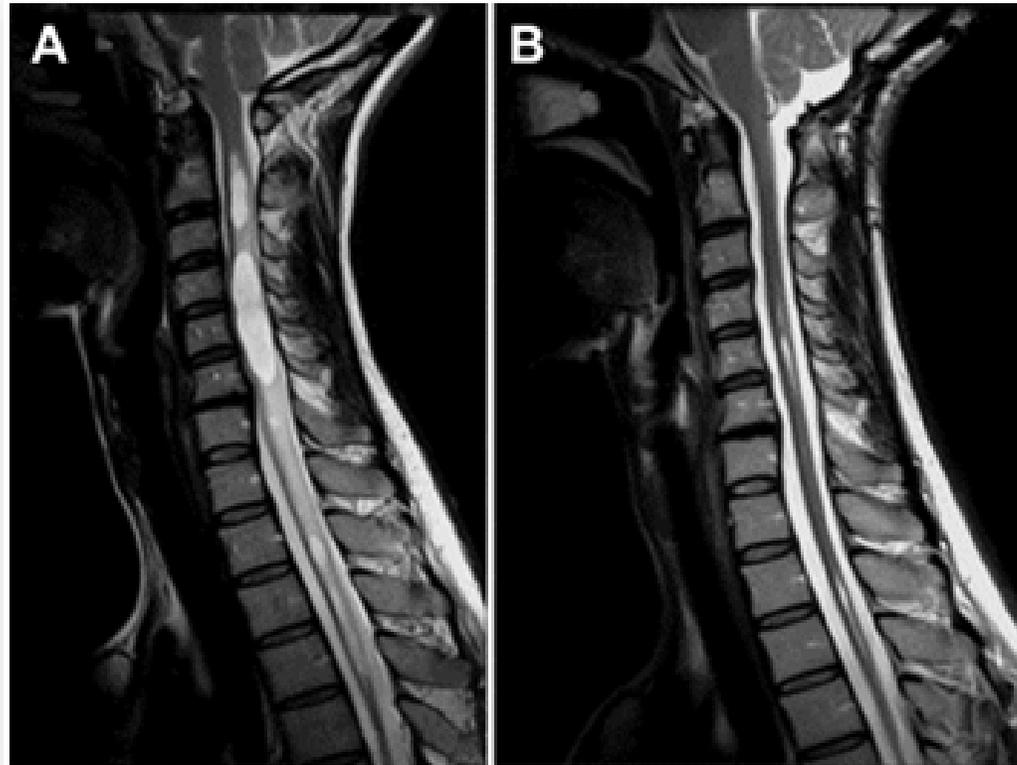


Treatment of Syringomyelia in Patients with Arachnoiditis at the Craniocervical Junction

Christopher L. Davidoff, Shinuo Liu, Johnny H.Y. Wong, Stavros Koustais, Jeffrey M. Rogers, Marcus A. Stoodley

# Syringomyelia + other cranio-cervical

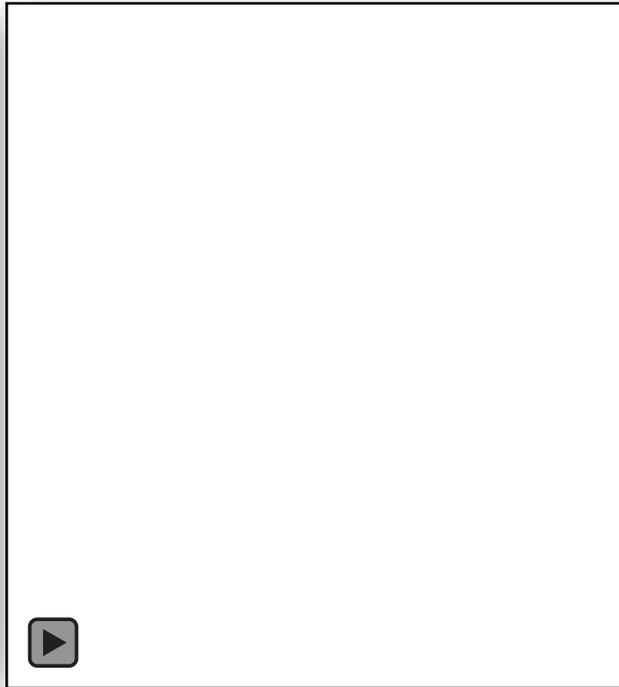
Cranio-cervical junction arachnoiditis



Meningitis

# Syringomyelia + other cranio-cervical

Cranio-cervical junction arachnoiditis



Birth trauma

# Syringomyelia + other cranio-cervical

Cranio-cervical junction arachnoiditis

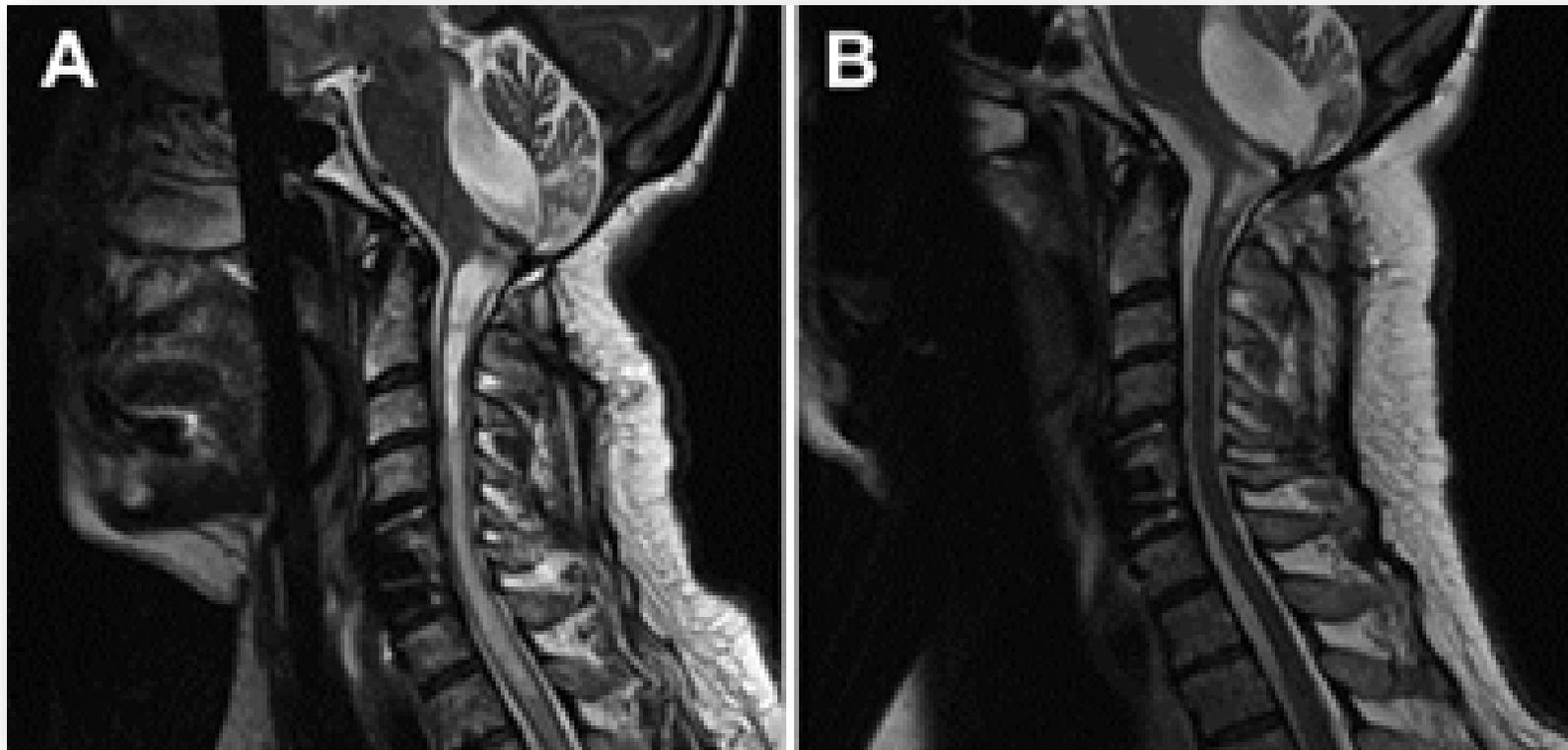


Birth trauma



# Syringomyelia + other cranio-cervical

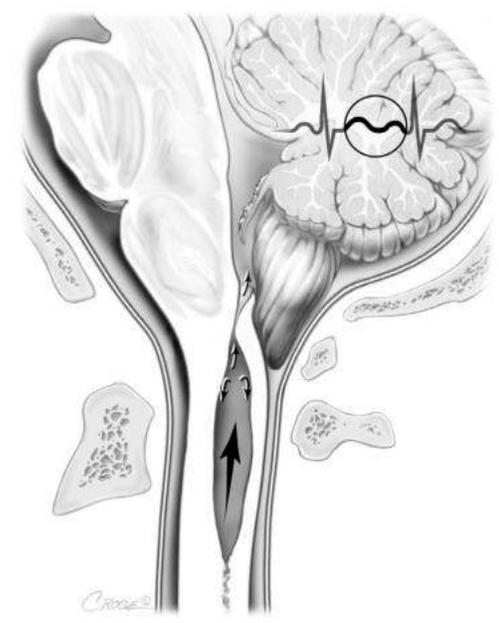
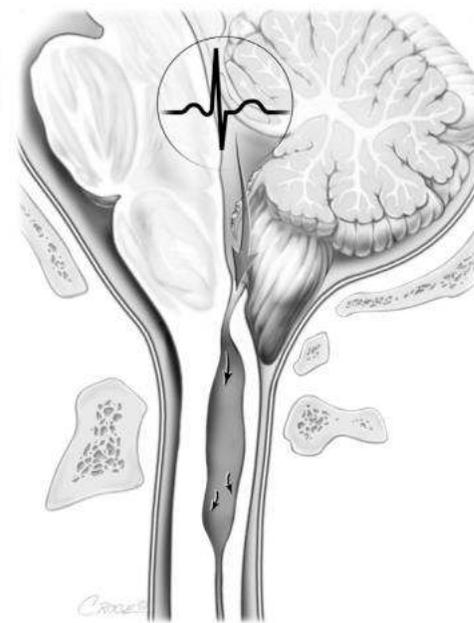
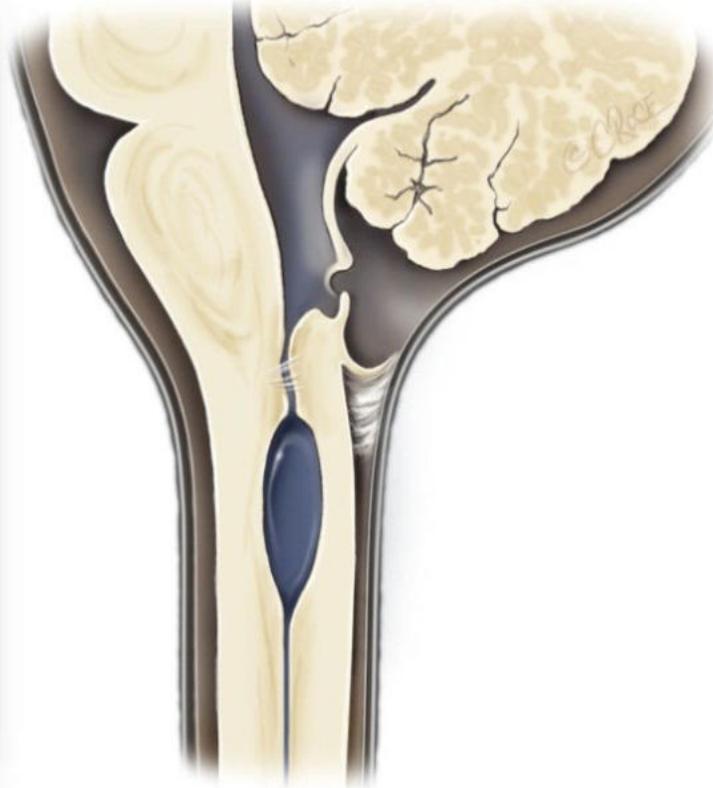
Cranio-cervical junction arachnoiditis



SAH

# Syringomyelia + other cranio-cervical

## Cranio-cervical junction arachnoiditis

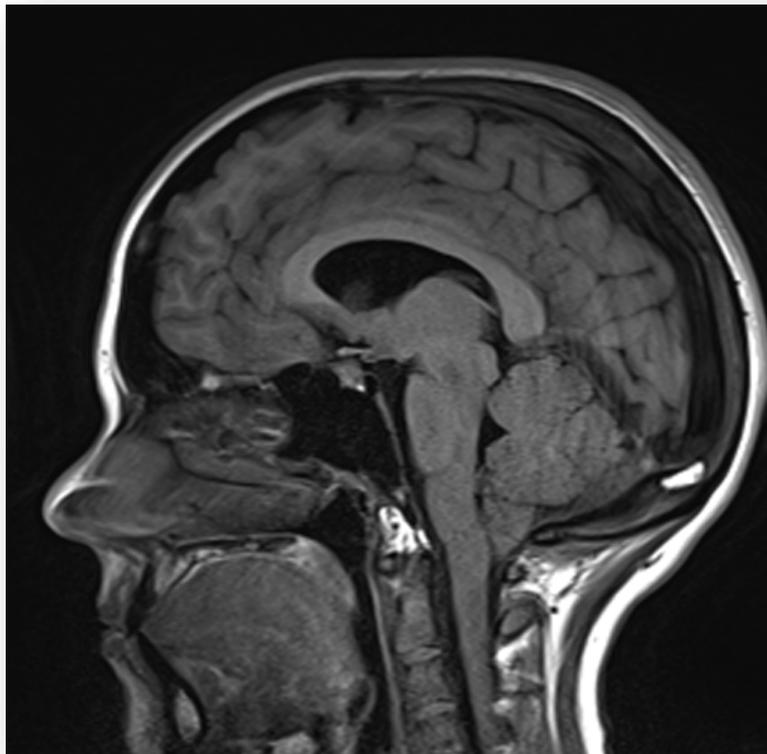


Gardner

# SIH + Chiari/syrinx



## Tonsillar herniation in SIH



### JAMA Neurology | Original Investigation

#### Assessing Spinal Cerebrospinal Fluid Leaks in Spontaneous Intracranial Hypotension With a Scoring System Based on Brain Magnetic Resonance Imaging Findings

Tomas Dobrocky, MD; Lorenz Gruber, MD; Philippe S. Breiding, MD; Maria Branca, MSc; Andreas Linacher, PhD; Pascal J. Moosmann, MD; Patrizio Mordasini, MSc; Felix Zbindi, MD; Levin Haeri, MD; Christopher M. Jesse, MD; Christian Fung, MD; Andreas Raabe, MD; Christian T. Ulrich, MD; Jan Gralka, MSc; Jürgen Beck, MD; Elke I. Pechowiak, MD

**IMPORTANCE** Various signs may be observed on brain magnetic resonance imaging (MRI) in patients with spontaneous intracranial hypotension (SIH). However, the lack of a classification system integrating these findings limits decision making in clinical practice.

**OBJECTIVE** To develop a probability score based on the most relevant brain MRI findings to assess the likelihood of an underlying spinal cerebrospinal fluid (CSF) leak in patients with SIH.

**DESIGN, SETTING, AND PARTICIPANTS** This case-control study in consecutive patients investigated for SIH was conducted at a single hospital department from February 2013 to October 2017. Patients with missing brain MRI data were excluded. Three blinded readers retrospectively reviewed the brain MRI scans of patients with SIH and a spinal CSF leak, patients with orthostatic headache without a CSF leak, and healthy control participants, evaluating 9 quantitative and 7 qualitative signs. A predictive diagnostic score based on multivariable backward logistic regression analysis was then derived. Its performance was validated internally in a prospective cohort of patients who had clinical suspicion for SIH.

**MAIN RESULTS AND MEASURES** Likelihood of a spinal CSF leak based on the proposed diagnostic score.

**RESULTS** A total of 152 participants (101 female [66.4%]; mean [SD] age, 46.1 [14.3] years) were studied. These included 56 with SIH and a spinal CSF leak, 16 with orthostatic headache without a CSF leak, 60 control participants, and 20 patients in the validation cohort. Six imaging findings were included in the final scoring system. Three were weighted as major (2 points each): pachymeningeal enhancement, engorgement of venous sinus, and effacement of the suprasellar cistern of 4.0 mm or less. Three were considered minor (1 point each): subdural fluid collection, effacement of the prepontine cistern of 5.0 mm or less, and mamillopontine distance of 6.5 mm or less. Patients were classified into groups at low, intermediate, or high probability of having a spinal CSF leak, with total scores of 2 points or fewer, 3 to 4 points, and 5 points or more, respectively, on a scale of 9 points. The discriminatory ability of the proposed score could be demonstrated in the validation cohort.

**CONCLUSIONS AND RELEVANCE** This 3-tier predictive scoring system is based on the 6 most relevant brain MRI findings and allows assessment of the likelihood (low, intermediate, or high) of a positive spinal imaging result in patients with SIH. It may be useful in identifying patients with SIH who are leak positive and in whom further invasive myelographic examinations are warranted before considering targeted therapy.

JAMA Neurol. 2019;16(3):580-587. doi:10.1001/jamaneurol.2018.4921  
Published online February 18, 2019.

Supplemental content

**Author Affiliations:** University Institute of Diagnostic and Interventional Neuroradiology, University of Bern, Inselspital, Bern, Switzerland (Dobrocky, Gruber, Breiding, Moosmann, Mordasini, Zbindi, Gralka, Pechowiak); Clinical Trials Unit Bern, Institute of Social and Preventive Medicine, University of Bern, Bern, Switzerland (Branca, Linacher); Department of Neurosurgery, University of Bern, Inselspital, Bern, Switzerland (Haeri, Jesse, Fung, Raabe, Ulrich, Beck); Department of Neurosurgery, Medical Center-University of Freiburg, Freiburg, Germany (Fung, Beck).

**Corresponding Author:** Tomas Dobrocky, MD, Institute of Diagnostic and Interventional Neuroradiology, University of Bern, Inselspital Bern, Freiburgstrasse 8, Bern CH-3010, Switzerland (tomas.dobrocky@insel.ch).

jamaneurology.com

Table 2. Six Imaging Signs With Good Discriminative Power and Interrater Agreement That Were Included in the Final Diagnostic Score and Assigned Score Points

Characteristic	Coefficient (95% CI)	Odds Ratio (95% CI)	P Value	Score Points
Engorgement venous sinus	2.95 (1.18-4.72)	19.12 (3.26-112.30)	.001	2
Pachymeningeal enhancement	4.04 (2.50-5.59)	57.01 (12.18-266.78)	<.001	2
Subdural fluid collection	1.54 (-0.10 to 3.17)	4.65 (0.90-23.92)	.07	1
Suprasellar cistern <sup>a</sup>	3.48 (2.36-4.60)	32.32 (10.55-99.02)	<.001	2
Prepontine cistern <sup>b</sup>	1.47 (0.41-2.52)	4.34 (1.51-12.47)	.007	1
Mamillopontine distance <sup>c</sup>	1.13 (0.07-2.19)	3.08 (1.07-8.90)	.04	1

<sup>a</sup> ≤4 mm.  
<sup>b</sup> ≤5 mm.  
<sup>c</sup> ≤6.5 mm.

# SIH + Chiari/syrinx

## Syrinx in SIH

Syrinx Secondary to Chiari-like Tonsillar Herniation in Spontaneous Intracranial Hypotension

Erik H. Middlebrooks<sup>1</sup>, Lela Okromelidze<sup>1</sup>, George K. Vilanilam<sup>1</sup>, Neethu Gopal<sup>1</sup>, Patrick H. Luetmer<sup>2</sup>, Vivek Gupta<sup>1</sup>

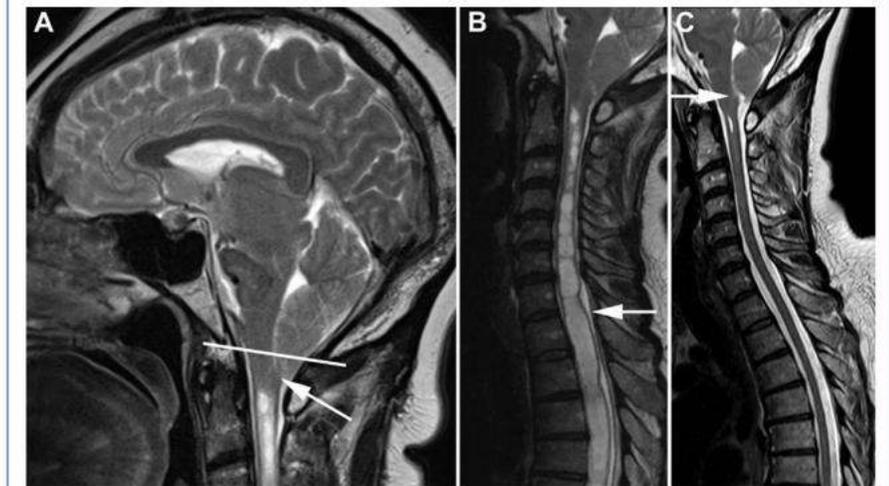
World Neurosurg. (2020) 143:e268-e274.

**Table 1.** Clinical and Radiographic Characteristics of Patients with Spontaneous Intracranial Hypotension Stratified by the Presence of Syrinx

Characteristic	SIH with Syrinx (n = 6)	SIH without Syrinx (n = 8)	P Value
<b>Clinical</b>			
Suboccipital headache	2 (40)	1 (12.5)	0.54
Postural headache	5 (83.3)	6 (75)	0.7
Somnolence	4 (66.7)	0 (0)	0.02*
Paresthesia	4 (66.7)	1 (12.5)	0.09
Upper extremity weakness	3 (50)	0 (0)	0.04*
<b>MRI</b>			
Pachymeningeal enhancement	4 (66.7)	6 (75)	0.63
Protrusion of pituitary into suprasellar cistern	2 (33.3)	3 (37.5)	0.4
Collapsed optic nerve sheath	5 (83.3)	2 (25)	0.1
Obex displacement below foramen magnum	5 (83.3)	1 (12.5)	0.03*
Flattening of pons	6 (100)	2 (25)	0.01*
Sagging of brain	6 (100)	7 (87.5)	1.00
Foramen magnum crowding	6 (100)	8 (100)	1.00

SIH, spontaneous intracranial hypotension; MRI, magnetic resonance imaging.

\*Statistically significant.



# SIH + Chiari/syrinx

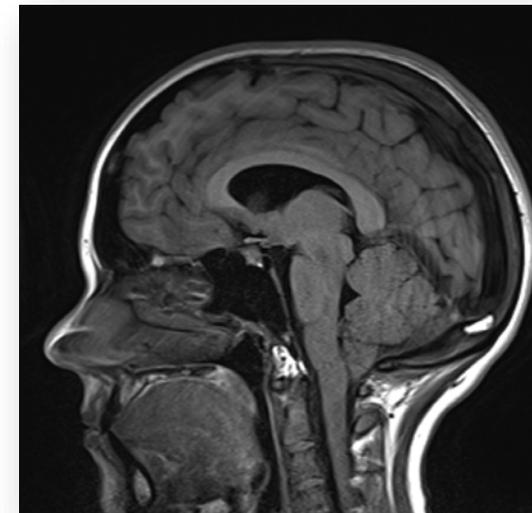
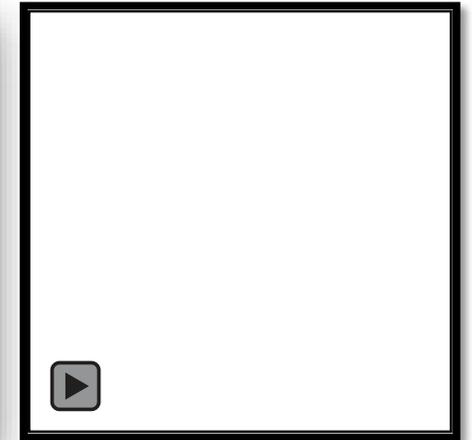
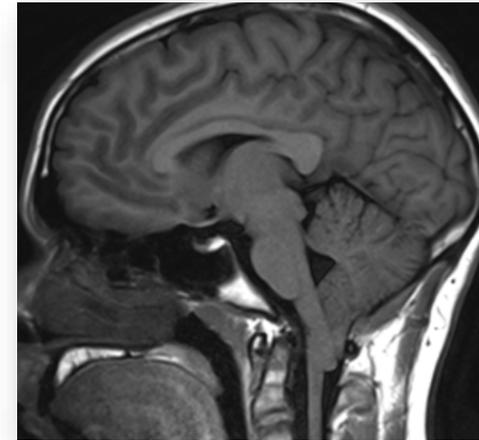
Tonsillar herniation in SIH: clinical features

	Chiari	SIH
Orthostatic headache	✗	✓
Headache location	Occipital	Frontal, global, +/- occipital
Duration	Long	Shorter
Onset	Gradual	May be sudden onset
Cognitive effects	✓	✓
Fronto-temporal dementia	✗	✓
Hearing changes	✓	✓
Tremor	✗	✓
Brain stem signs	✓	✓

# SIH + Chiari/syrinx

Tonsillar herniation in SIH: imaging features

	Chiari	SIH
Tonsillar herniation	✓	✓
'Bern signs'	✗	✓
IIH signs	✓	✓
Buckling of medulla	✓	✗
Syrinx	Common	Uncommon
Syrinx type	 	 
Syrinx symptoms	✓	✗
Cerebellar slump post-op	✓ ✗	✓

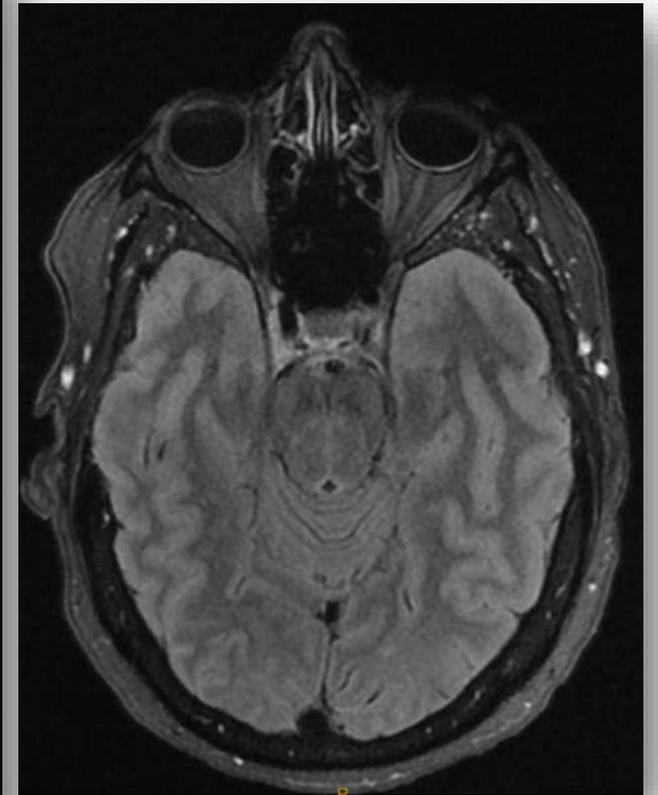
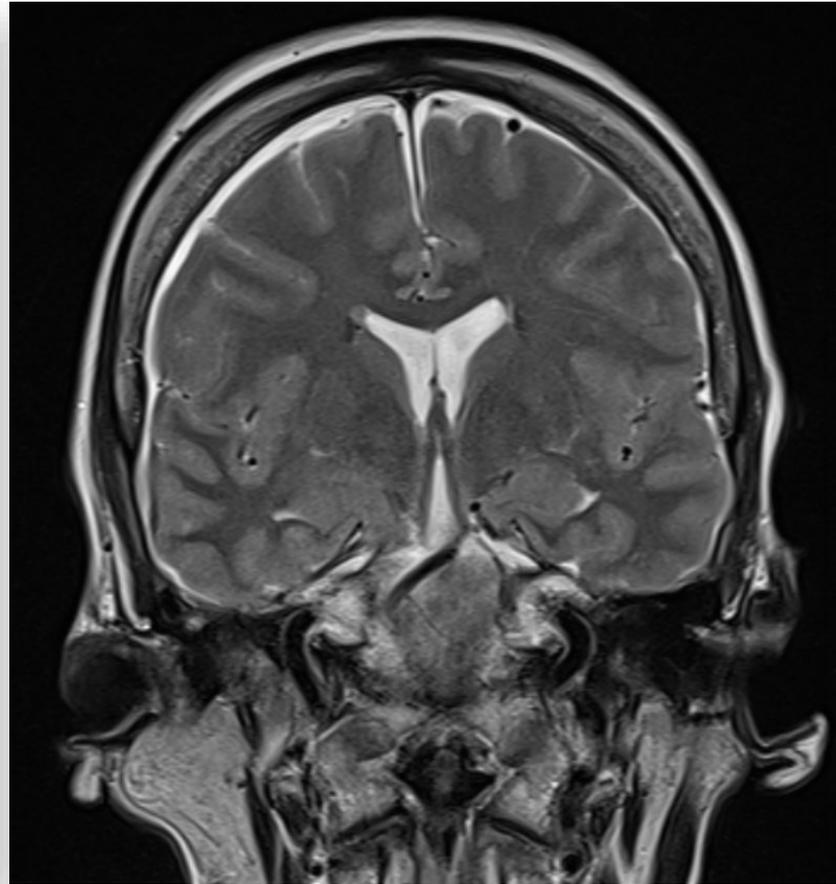
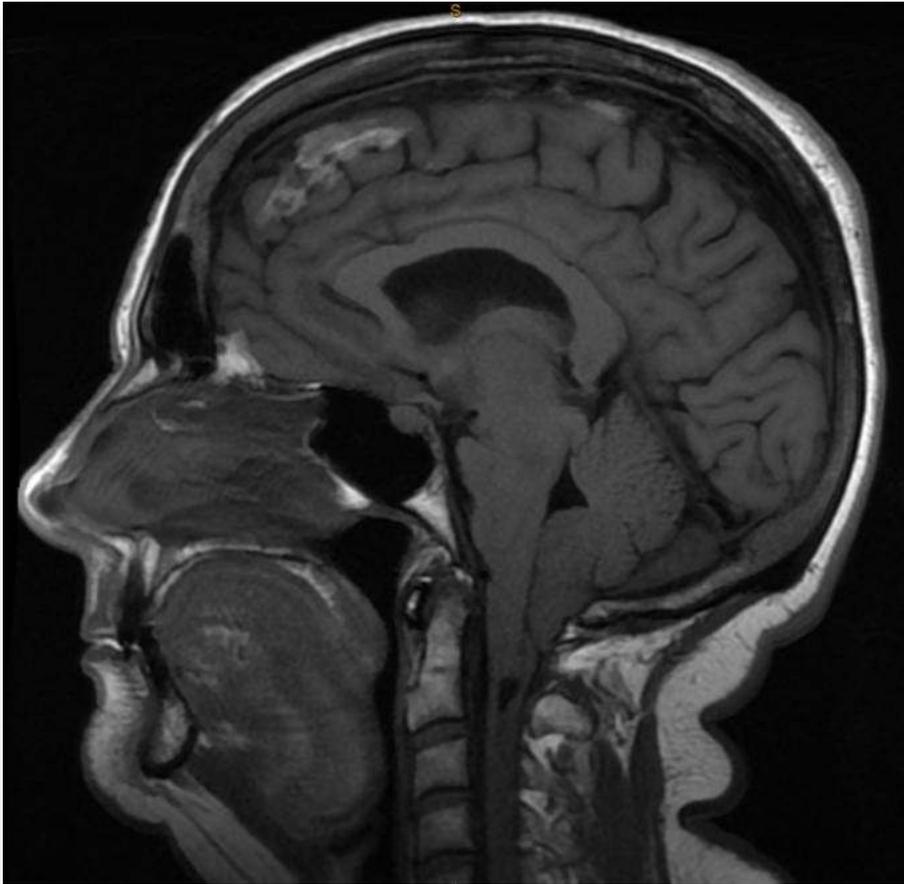


# SIH + Chiari/syrinx

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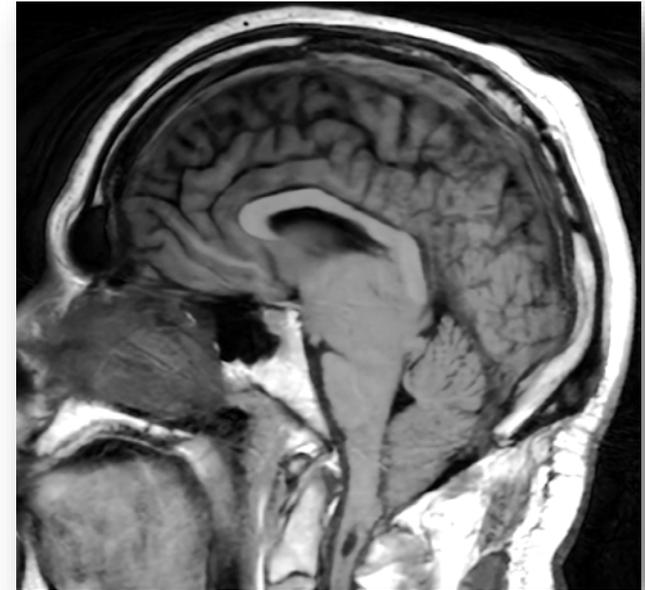


MACQUARIE  
University



# SIH + Chiari/syrinx

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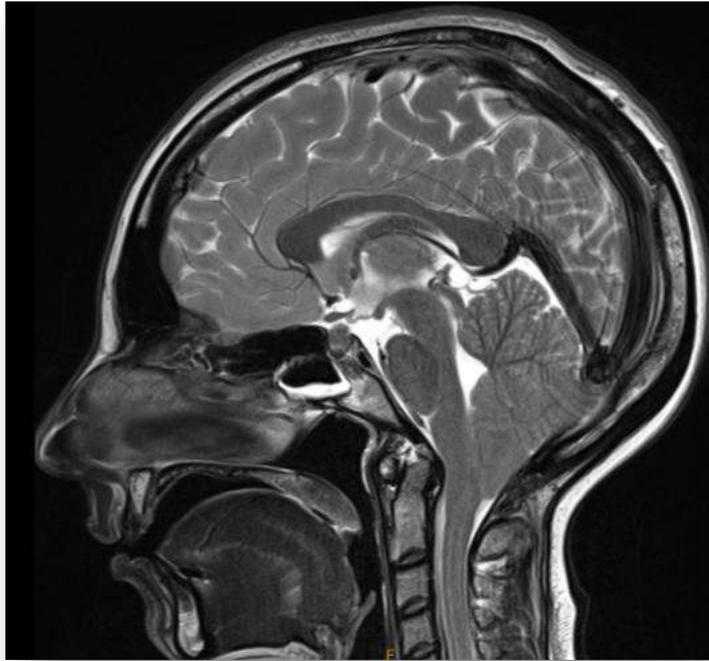


*\* Shown with patient permission*

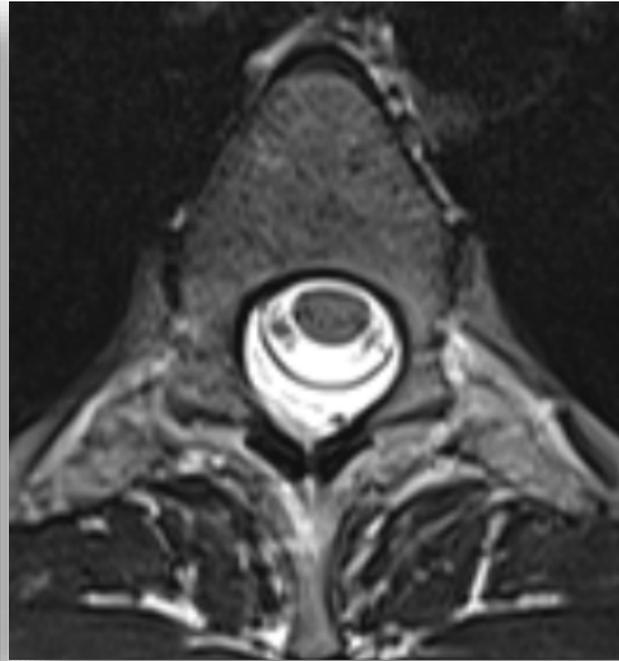


# SIH + Chiari/syrinx

- SIH Imaging can mimic Chiari malformation



Pre-op



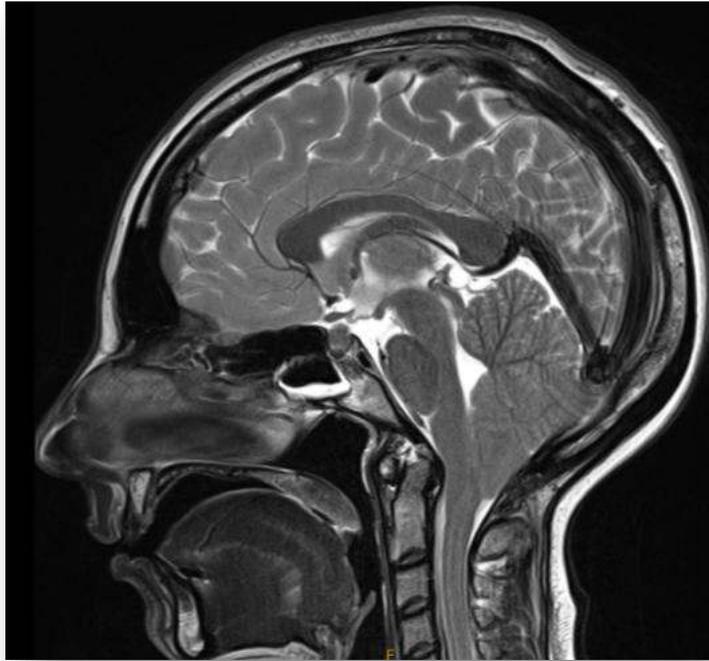
Post-op



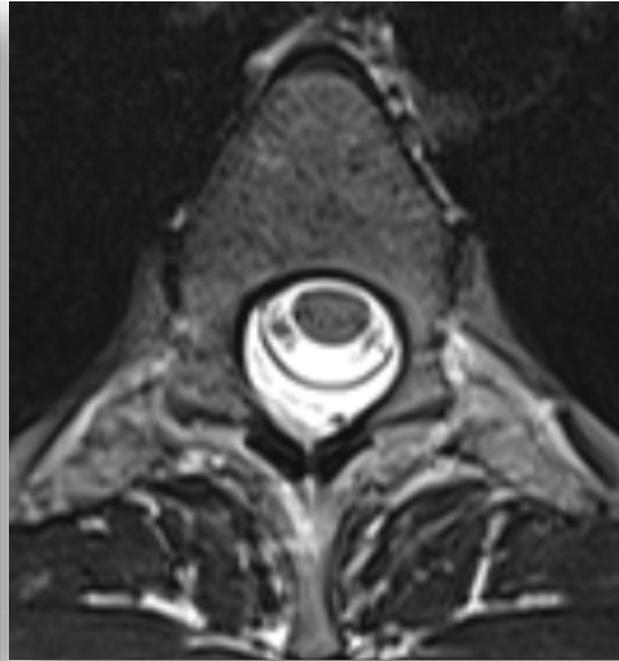
# SIH + Chiari/syrinx

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- SIH Imaging can mimic Chiari malformation



Pre-op

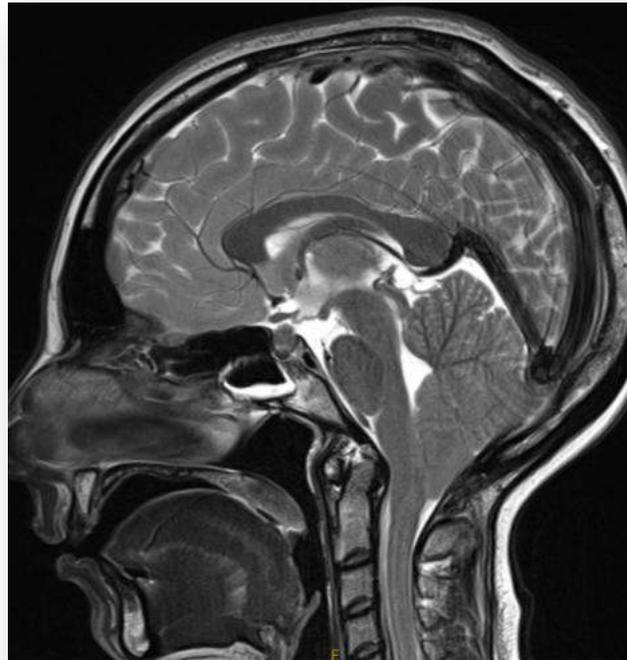


Post-op



# SIH + Chiari/syrinx

- SIH Imaging can mimic Chiari malformation



Pre-op



Post-op



# Iatrogenic SIH + Chiari/syrinx

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# SIH + Chiari/syrinx

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## Conclusions

- Tonsillar descent is common in SIH
  - Can mimic Chiari malformation on imaging
  - Clinical features usually different
- Syringomyelia is rare in SIH
  - Communicating
  - Asymptomatic
  - Improves with SIH treatment



# CSF MDT

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