**OUR PROGRAMS**

**EDUCATION AND AWARENESS**

**website and social media**
Our website is recognized as the single most reliable source of information on intracranial hypotension, from symptoms, diagnostic and treatment information, to selected publication links, to our video library.

**rare disease database report**
This NORD Rare Disease Database report, co-authored by Dr. Connie Deline, is an overview suitable for newly diagnosed patients.
https://rarediseases.org/rare-diseases/spontaneous-intracranial-hypotension/

**medical education**
We support intracranial hypotension medical education with planning support and educational grants. The third annual Cedars-Sinai Intracranial Hypotension Symposium was held on February 8, 2020, in partnership with the Foundation, and was attended by medical professionals, patients, and laypersons. Video replays from all previous symposia are available on our website. Our next symposium is scheduled for October 2, 2021.

**patient stories**
We have a growing library of stories in video and narrative format. Our goal is for the diversity of these stories to reflect the broad range of affected individuals, clinical presentations, clinical courses, and outcomes.

**explainer videos**
Our animated “Upright Headache” video, produced in 2017, has now been viewed nearly 70,000 times.

**leakweek**
This year, our annual awareness week will take place June 7-12, 2021, and will feature Duradash®, a virtual race encouraging patients and supporters to participate in activities suitable to their circumstances.
ETIQUETTE 101

FORMAL DINING

To date...

The process of eating with poise and grace.

Our Medical Advisory Board is actively working on the formation of a collaborative research network to accelerate research in this field. A shared registry will complement these efforts.

To date, we have awarded five research grants. We are currently accepting applications for our 2021 grant cycle. We also anticipate funding Foundation-directed collaborative projects within a year.

The Spinal CSF Leak Foundation Medical Advisory Board organized a team of experts and to propose specific new and revised codes for spontaneous intracranial hypotension. The ICD-10 Coordination and Maintenance Committee approved these codes for implementation on October 1, 2020, in the United States. A summary of these codes is available at https://spinalcslfleak.org/diagnostic-coding/